



## Application Process and Candidate Criteria Application Process

We intend to accept up to 20 applicants, depending on the availability of supervisors and that candidates meet the criteria for acceptance onto the programme.

Following are requirements for candidates to consider before applying. Please note that acceptance onto the programme is competitive and that candidates will be required to meet all requirements.

**1) Candidates should have substantive psychotherapy experience.**

**2) Candidates should have read at least two books on Schema Therapy:**

- Schema Therapy. A Practitioners Guide (Young, Klosko and Weishaar, 2003)

- Reinventing Your Life (Young and Klosko, 1994)

**3) Candidates must have current professional registration/accreditation with a relevant governing body (e.g. HCPC, BACP, BABCP) within your country.**

**4) At least 2 years post qualifying experience of direct client work.**

### How to apply

If you are applying for stand-alone workshops please complete the Schema Therapy Systems Registration form for Stand Alone Workshops 2021 This can be found on [www.schematherapysystems.com](http://www.schematherapysystems.com) in the Applications Section.

**Candidates for Certification** will be required to provide the following:

- A completed application form (available on our website) [www.schematherapysystems.com](http://www.schematherapysystems.com) .
- Submission of a current curriculum vitae (please note that if you hold HCPC registration as a Clinical, Counselling or Forensic Psychologist, hold **full** BABCP or BACP accreditation a CV is not required).
- Proof of current professional registration
- Two letters of recommendation from mental health professionals who know your clinical work e.g. clinical supervisor, line manager, colleague.
- Any additional information you consider will help your application.

**Selection Criteria.** We will make our final selection of trainees based on the following criteria.

- Prior interest in schema therapy such as clinical use of schema theory and approaches in clinical practice, participation in workshops, or involvement in special interest groups.
- Personal qualities which would contribute to you being an effective schema therapist.
- Meeting ISST criteria to train as a schema therapist i.e. holding a Masters or Doctoral degree in a related mental health field.
- Access to working with a clinical population with complex enduring psychological difficulties for a period of one year or more.
- Your commitment to undertaking certification as a schema therapist and interest in your potential for training and supervising future trainee schema therapists
- Letters of recommendation.

## **Application Deadline**

All applications and supporting information for the October/November 2021 programme **must be received by 13<sup>th</sup> September 2021**. Applications received after this date will only be considered if there are spaces available.

We plan to notify applicants regarding acceptance no later than **20<sup>th</sup> September 2021**  
If you have questions about the programme, please call or email us. We look forward to

## **Contact Information**

1. **Email:** [schematherapysystems@outlook.com](mailto:schematherapysystems@outlook.com)

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